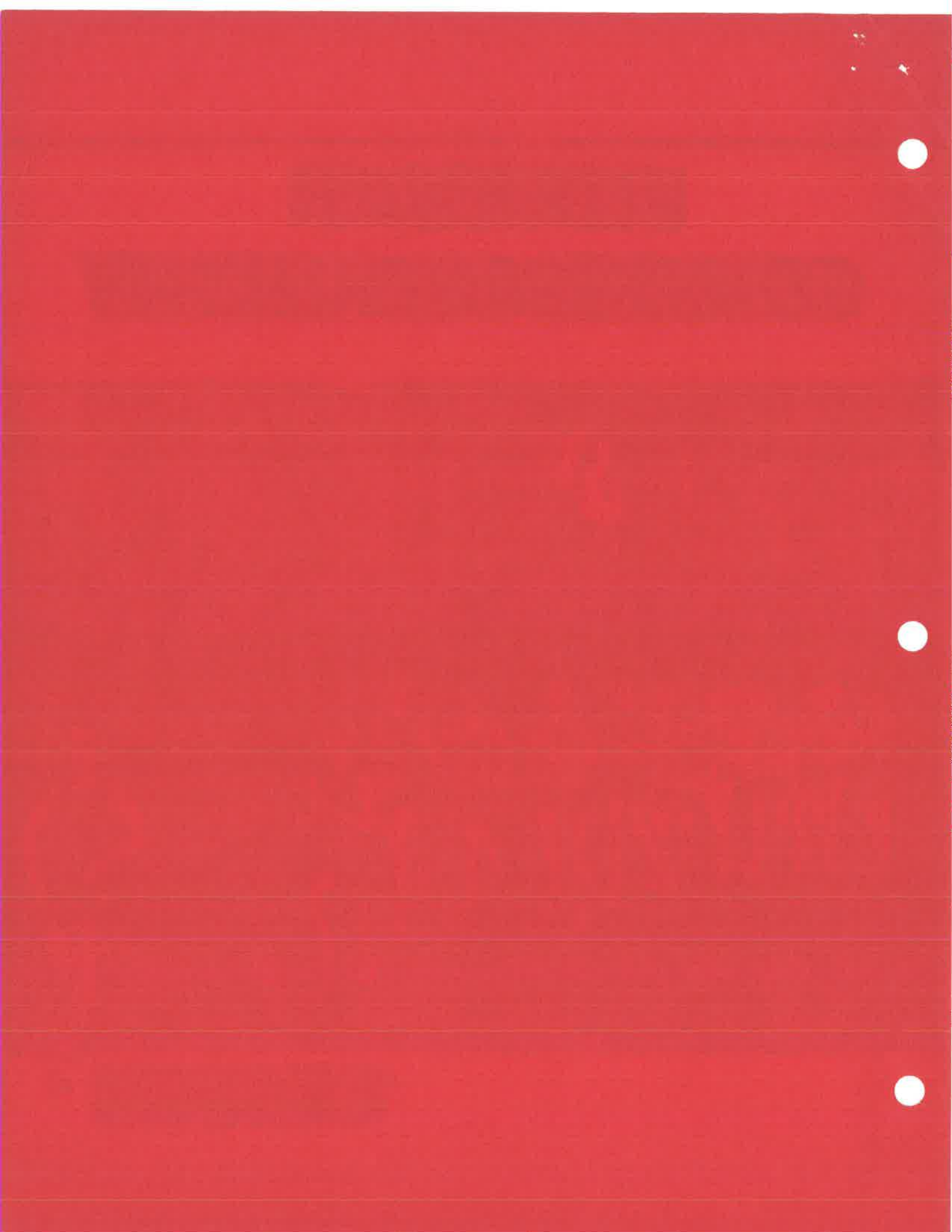
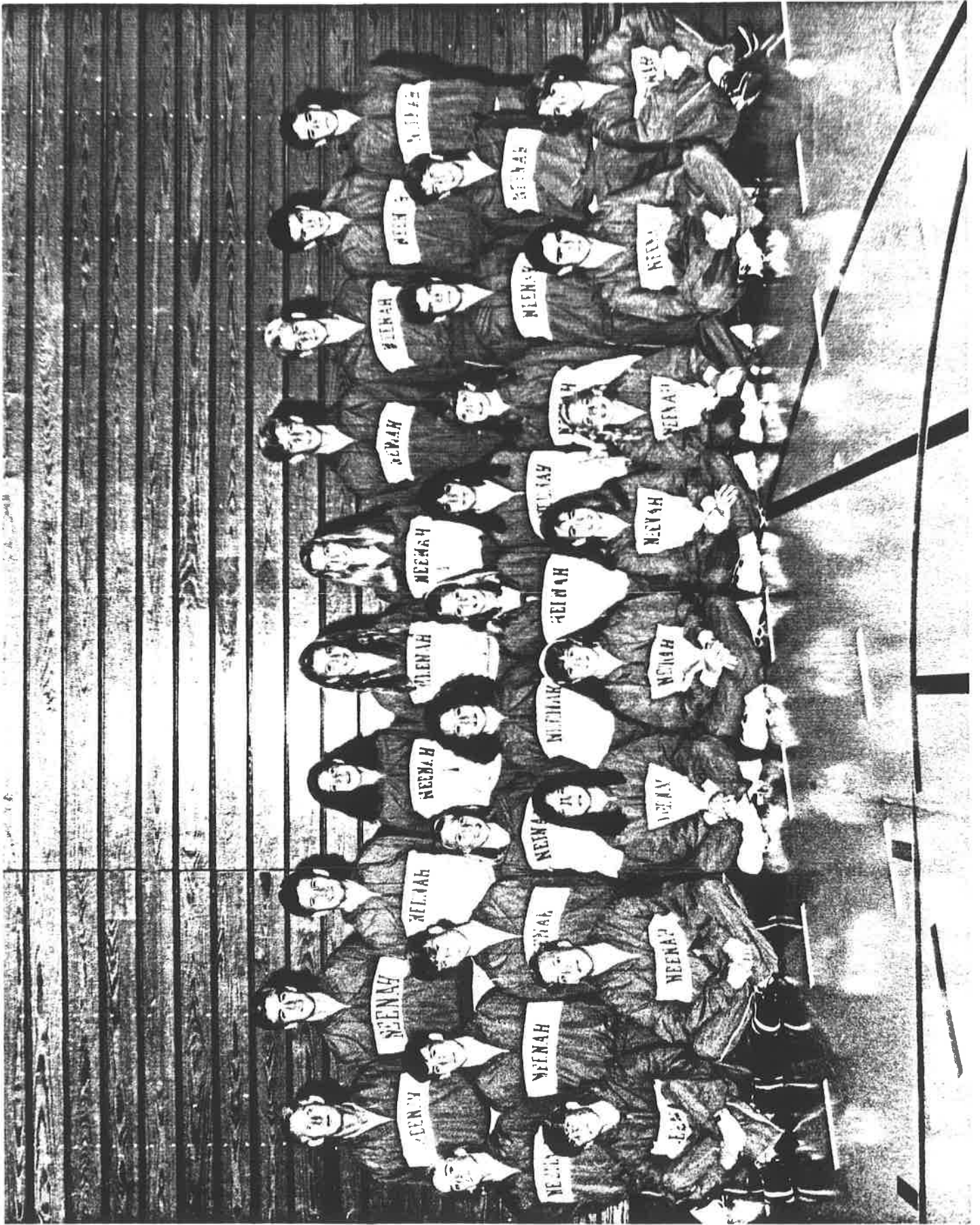


NEENAH CROSSCOUNTRY



1991





TEAM RECORD

	<u>BOYS</u>	<u>GIRLS</u>
Rhineland Invitational	First (13)	Second (8)
Oshkosh West Quadrangular	First (4)	First (4)
Shawano Invitational	First (11)	First (11)
Wauwatosa East Invitational	First (17)	Third (15)
Spartan Invitational	First (3)	First (3)
Neenah Quadrangular	Second (4)	First (4)
Fondy Relays	Fourth (18)	First (17)
Appleton West Pentangular	First (5)	First (5)
Crusader Invitational	Fifth (6)	Fourth (6)
FVA Conference Meet	First (9)	First (9)
WIAA Sectional Meet	Third (16)	First (16)
WIAA State Meet		

COACHING STAFF

Tom Jensen
Ron Fedenko
Glen Severson

TEAM ROSTER

Sarah Allen - 10	Lisa Heroux - 9	Julie Olson - 10
Tom Beck - 11	Missy Klabunde - 9	Meghan Patterson-9
Julee Beckstrom -10	Tuffy Knoch - 11	Richard Rasmussen-9
Christy Codner - 10	Krista Lawell - 11	Karen Schaper - 10
Eric Drumm - 12	Jamie Michalkiewicz-9	Tyler Schultz - 11
Kris Elliot - 12	Adam Miller - 11	Tom Syverud - 12
Krista Erickson-9	Ben Miller - 9	Bret Weyenberg -10
Jay Frater - 10	Mysee Moua - 10	Rhett Weyenberg-10
Ryan Freund - 9	Ryan Mulroy - 10	
Ben Hamblin - 11	Erik Nelsen - 12	

TIME TRIAL - MEMORIAL PARK - THURSDAY, AUGUST 29, 1991

<u>BOYS</u>	<u>ONE MILE</u>	<u>TWO MILE</u>	<u>FINISH</u>
Tom Syverud	5:30	11:11	18:01
Bret Weyenberg	5:30	11:12	18:20
Eric Drumm	5:38	11:42	19:05
Erik Nelsen	5:41	11:46	19:08
Ben Hamblin	5:44	11:55	19:09
Tom Beck	5:44	11:55	19:20
Rhett Weyenberg	5:44	11:55	19:25
Tuffy Knoch	5:47	12:02	19:25
Jay Frater	5:49	12:05	19:32
Tyler Schultz	5:55	12:03	19:35
Adam Miller	5:57	12:14	19:54
Ryan Mulroy	5:54	12:31	20:19
Ryan Fruend	6:06	12:36	20:21
Rich Rasmussen	6:06	12:36	20:36
Ben Miller	6:06	12:36	22:22

BIATHALON - FRIDAY, AUGUST 30, 1991

Tom Syverud	35:07
Eric Drumm	35:49
Ben Hamblin	37:30
Ryan Mulroy	37:49
Tyler Schultz	37:53
Tuffy Knoch	37:53
Bret Weyenberg	38:03
Adam Miller	38:39
Tom Beck	38:50
Erik Nelsen	39:31
Rhett Weyenberg	40:31

Reid Johnson (alumni) 31:51 - NEW COURSE RECORD

TIME TRIAL - MEMORIAL PARK - AUGUST 29, 1991

<u>GIRLS</u>	<u>ONE MILE</u>	<u>FINISH</u>	<u>PLACE</u>
Missy Klabunde	6:41	13:42	1
Karen Schaper	7:04	13:50	2
Krista Lawell	7:04	13:52	3
Julie Olson	7:04	14:11	4
Krista Erickson	7:12	14:15	5
Christy Codner	7:12	14:23	6
Meghan Patterson	7:14	14:34	7
Julee Beckstrom	7:20	14:45	8
Lisa Heroux	7:29	14:53	9
Sarah Allen	8:04	16:28	10
Mysee Moua	7:48	16:31	11
Lisa Seaborne	8:10	16:36	12
Kris Elliot	8:10	16:43	13

Harriers: Vets key '91 Neenah runners

NEENAH — The Neenah High School boys' cross country team will depend on a blend of veterans and promising newcomers to defend its Fox Valley Association and WIAA sectional championships.

The Neenah girls' squad, although youthful, has experience, and also shows promise of causing waves in the conference.

Opening their schedules in the Rhinelander Invitational last weekend, the Rocket boys finished first, while the girls placed second to Chippewa Falls.

Veterans Tom Syverud, Erik Nelsen and Eric Drumm are the only seniors on Coach Tom Jensen's 25th boys' squad.

Other returning lettermen are juniors Ben Hamblin and Tyler Schultz and sophomore Bret Weyenberg.

Other varsity candidates are Adam Miller, Tom Beck and Tuffy Knoch, juniors; Rhett Weyenberg, Jay Frater and Ryan Mulroy, sophomores, and freshmen Ben Shaffer, Ben Miller, Ryan Freund and Richard Rasmussen.

"We should have a decent year. We have a combination of good senior leadership and good young kids. There is strong competition for varsity squads," Jensen said.

"Some of our jayvees ran well at Rhinelander and may be on the varsity this week. Because we usually only run one meet a week, we have a healthy situation at practice because of the competition."

Syverud finished fourth, Rhett Weyenberg fifth, and Bret Weyenberg ninth at Rhinelander.

►The 12 runners on Coach Ron Fedenko's 10th girls' squad include only one senior and one junior.

Sophomores Karen Schaper and Julie Olson, who finished fifth and seventh, respectively, in last year's conference meet, lead the returnees. Olson also was ninth in the sectional.

They shared most valuable runner honors with the graduated Jill Peterson.

Sophomores Julee Beckstrom and Christy Codner are other returning letterwinners.

Other candidates are senior Kris Elliott, a transfer from New Hampshire; junior Krista Lawell; sophomore Mysee Moua and freshmen Missy Klabunde, Krista Erickson, Lisa Heroux, Meghan Patterson and Sarah Allen.

Klabunde has had considerable road racing experience and also competed in a marathon this summer.

THIRD ANNUAL BIATHALON - AUGUST 30, 1991

<u>NAME</u>	<u>TIME</u>	<u>PLACE</u>
Missy Klabunde	35:41	1st
Krista Lawell	36:57	2nd
Lisa Seaborne	39:04	3rd
Julee Becksstrom	39:24	4th
Julie Olson	41:06	5th
Mysee Moua	41:56	6th
Meghan Patterson	43:10	7th
Kris Elliot	44:34	8th
Sarah Allen	48:14	9th
Christy Codner	DNR	
Lisa Heroux	DNR	
Krista Erickson	DNR	
Karen Schaper	DNR	

* Official Course Record (7.8 mile bike and 1 mile run)

33:57 Renee Hamilton 1989

Balanced diet lifts Rockets

By Tom Goff
Post-Crescent staff writer

Neenah's cross country team has been cooking so far this year with its own "Breakfast Club."

Monday through Thursday after early-morning runs, the Rocket runners eat breakfast together in the locker room. On Fridays, due to a shorter practice session in preparation for Saturday's meets, they get together and make their own pancakes.

Prep notes

Whatever's in the batter is working wonders, because the Rockets are off to a fast start. And if coach Tom Jensen could bottle it, he'd be rich.

Through one Fox Valley Association quadrangular meet and three invitationals at Rhinelander, Shawano and Wauwatosa East, Neenah has not been beaten.

It's not the batter, Jensen says. The

✓ Rockets

FROM PAGE 1

main ingredients in their success are leadership and keen competition.

"We lost three good seniors off last year's team, but we got outstanding senior leadership again this year, plus some really good young talent," said Jensen. "I think the other key to it is the competitive situation we have. These kids don't want to miss a repetition."

Jensen's runners hit the road by 6:20 each morning and meet for breakfast in the locker room at 8:20. They practice again after school.

The Rockets have only three seniors, but all are integral varsity members.

Tom Syverud, the top returning runner from last year's FVA championship team, has been the No. 1 runner in all of the team's meets, and is the top returning runner in the league.

Senior Eric Drumm is the No. 4 runner, while senior Erik Nelson has consistently been among the top eight finishers.

Sophomore Rett Weyenberg is No. 2, then the order switches around. Others — all of whom have run varsity at some time this season — are juniors Tyler Schultz, Ben Hamblin, Tuffy Knoch, Adam Miller, Tom Beck, and sophomores Bret Weyenberg, Jay Frater and Ryan Mulroy.

Balance, rather than outstanding individual performances, has been responsible for much of the Rockets' success.

In Saturday's win at Wauwatosa, for example, the Rockets had no one in the top 10, but no one worse than 54th among their top scoring placemen, and none worse than 84th in the 17-team field that encompassed 136 runners.

"Some of the teams had two in the top 10, but didn't win because their fourth and fifth runners were way

back," said Jensen. "We have real good balance and we're fairly deep at five, six, seven and eight."

Neenah's teams have been highly successful under Jensen, in his 24th year as coach. They have won seven FVA titles outright and shared another with Appleton East.

They are favored to repeat this year, but Jensen knows it won't be easy.

"Fond du Lac will be difficult to beat," he said. "We meet them Tuesday at home. They're running very well. They also lost three kids from last year, but they have three excellent returning runners and an AFS student also moved in. That gives them four. If they pick up one more, they'll be hard to beat."